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BREAKFAST WEEKS 30-34

Week 30

Monday 25.7

Pasta tagliatelle – toasted bacon – cream sauce – baked tomatoes – Mixed salad – sourdough bread – olive oil

Vegetarian: Mushrooms and carrots instead of bacon

Tuesday 26.7

Roasted country chickens with tomato and sweet chilli, new potatoes baked with summer onions and courgettes, green salad and sourdough bread

Vegetarian: Bean cassoulet with tomato, otherwise same accessories

Wednesday 27.7

Chinese spicy ramen with soy, noodles, herbs and duck meat

Vegetarian: Vegetarian version

Dream cake - strawberry-mint salad

Thursday 28.7

Fooling around with the fish – cold and hot strokes of genius

Vegetarian: Risotto with summer vegetables and a touch of truffle oil

Friday 29.7

Friday bolognese, green salad with oil/vinegar, tagliatelle pasta. Freshly grated parmesan, Heinz and delicious bread

Vegetarian: a vegetarian bolognese



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WEEK 31

Monday 1.8

Crispy roast pig – vegetable fricassee – new Danish potatoes – crisp green salads – parsley vinaigrettes – sourdough red

Vegetarian: Crispy rolls with goat cheese and sun-dried tomatoes

Tuesday 2.8

Minced steaks with herb creme fraiche, new Danish potatoes with parsley and sea salt, composed salad and freshly baked bread

Vegetarian: Lentil crebinette with the same accessories

Wednesday 3.8

Braised lamb, cous cous with lime and herbs. Eggplant dip with vegetable sticks and tomato salsa

Vegetarian: "Vegetable tagine" with the same accessories

Dessert of buttermilk with strawberries and sweet crackers

Thursday 4.8

Buffet with coarse bread and whimsical ideas.... For all

Friday 5.8

Vitello tonnato - salad of new potatoes with tarragon - romaine salad with grilled bell peppers - hazelnut bread - tomato pesto

Vegetarian: "Vegetable carpaccio" with the same side dishes



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Week 32

Monday 8.8

Warm noodle salad with tiger prawns and fried vegetables, sweet chutney and cabbage salad, sourdough bread

Vegetarian: Tofu instead of tiger prawns

Tuesday 9.8

Danish meatballs curry dish in green curry and coconut with green vegetables, loose rice and mint yoghurt with tomato, naan bread

Vegetarian: Vegetable curry instead of buns in curry

Wednesday 10.8

Crispy fried dark pollock fillet with remo, lemon and new potatoes as a salad, fennel salad with mustard dressing and sourdough bread.

Vegetarian: marinated fried aubergines instead of fish

Thursday 11.8

Tapas with various small dishes, classic versions

Vegetarians: vegetarian tapas

Cake: Mazarin with vanilla cream and summer berries

Friday 12.8

US burger, bacon' cheese, various accessories

Vegetarian: Vegetarian version



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Week 33

Monday 15.8

Turkey chunk's with new potatoes, butter and parsley, peas with pearl onions, rich green salad and sourdough bread

Vegetarian: Potato pie with fennel and dill instead of chicken

Tuesday 16.8

Chicken with ginger, cumin and tomato, cous cous with dates and lemon

Vegetarian: Bean cassoulet, otherwise same

Wednesday 17.8

Minced beef with whipped herb butter, new potatoes, summer greens and rich salad

Vegetarian: Chickpea steak instead of beef

Dessert: Blackberry muffin with glaze

Thursday 18.8

Salmon fillets with vegetables with cold herb sauce and bitter salads. French potato salad and lemons

Vegetarian: Crisp filo rolls with filling instead of fish

Cake: Chocolate brownie with peanuts

Friday 19.8

Roast pork sandwich, raw pickled red cabbage, cucumbers in sour/sweet vanilla sauce

Vegetarian: Vegetarian sliders, salads



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Week 34

Monday 22.8

Pasta al arrabiata, garlic bread, baked herbs with parmesan

Vegetarian: same

Tuesday 23.8

Pork cutlet served with fried scallions with lemon and almonds. To this, romanesco sauce and small new potatoes and sourdough bread

Vegetarian: Lentils with new leeks in warm vinaigrettes

Wednesday 24.8

Baked cod in a dish, with vegetables, roasted potatoes and herb oil, with coarse bread

Vegetarian: White beans instead of cod

Thursday 25.8

Fried chicken breast with fried cauliflower, cream potatoes and cabbage salad

Vegetarian: Salt-baked celeriac instead of chicken

The cake: Plum trifle

Friday 26.8

Large but light buffet with warm and coarse. For all