



www.gastronomiexpresen.dk

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LUNCH weeks 37-40

WEEK 37

Monday, 11.9

Pakistani-inspired stew with bread and two composed salads.

Vegetarian: Vegetarian edition.

Tuesday, 12.9

Large buffet with warm features and bread.

Vegetarian: Vegetarian flavours.

Wednesday, 13.9

Chicken meatballs with baked vegetables in red curry, fresh coconut salad with lime, rice. Broccoli salad in vinaigrette with roasted peanuts, sesame bread.

Vegetarian: Tofu instead of chicken meatballs.

Thursday, 14.9

Spicy blackjack in panko with sauce ravigote, oven baked potatoes and cauliflower garnish. Wheat salad with bacon and parsley.

Vegetarian: Roast vegetables in panko instead of dark rice.

The cake: Pear pie with lemon yogurt

Friday, 15.9

Friday Roast: pork roast with crispy skin, rosemary and sea salt, baked beets. Salad on crispy vegetables with virgin olive oil and citrus, tagliatelle and watercress sauce as well as sourdough bread

Vegetarian: Falafel with 2 dips.

Good weekend to everyone!



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WEEK 38

Monday, 18.9

Chunks of tender veal breast with BBQ toasted sesame, coleslaw, spicy potatoes and crispy salads.

Vegetarian: Samosa with artichoke and peas instead of veal breast.

Tuesday, 19.9

Chicken baked with potatoes and spring onions served with yogurt dip, celery salad with roasted nuts and soft goat cheese, and coarse bread.

Vegetarian: cabbage roll with lentils instead of chicken.

Wednesday d. 20.9

Seasoned beef with baked vegetables and chilli, tomato fry with apricot and pearl loin, loose rice and red cabbage salad with roasted nuts and citrus dressing.

Vegetarian: Mushroom pie with fried tomato fry sauce.

Thursday, 21.9

Baked pea fish, coarse remo, lemon, dill potatoes and tomato salad with mint.

Vegetarian / Vegan: baked celery fried in panko instead of fish.

The cake: Orange-almond cake with cinnamon cream.

Friday, 22.9

Beef bourguignon with stamped mashed potato with root crops and mustard. In addition, pickled cucumbers and rich salad with roasted grains.

Vegetarian: Baked onion and root bourguignon.

Bon weekend à tous!



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WEEK 39

Monday, 25.9

Tartlets with chicken fillets, peas, asparagus, parsley potatoes and grandma salad.

Vegetarian: Vegetarian edition.

Tuesday, 26.9

Pork chop, fried portobello mushrooms and Parma ham with carrots, crisp fennel and carrot salad with roasted sunflowers and mustard dressing and tomato bread.

Vegetarian: Halloumi instead of Chicken.

Wednesday, 27.9

Crisp fried duck drumsticks with baked red onions and vinaigre, baked potato chunks and thyme sauce. Salad with beetroot and orange and almondcrust, sourdough bread.

Vegetarian: Stuffed filled red pepper instead of drumsticks.

Thursday, 28.9

Moroccan inspired lamb, 2 kinds of hummus and crispy bread, rice with peppers and tomato, cabbage salad with cumin and parsley.

Vegetarian: Moroccan vegetarian version.

The cake: Apple cake with cream fraiche.

Friday, 29.9

Fried tenderloin of pork, leeks and heart salad in mild soy sauce.

Warm noodle salad with stir fried vegetables and sesame, mango salsa

Vegetarian: Pears and parsnips instead of pig.

Hej då, allihopa, bra helg!



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WEEK 40

Monday, 2.10

Turkey gremolata: lemon, almonds and parsley, tomato / pepper fruit salad with freshly cooked pasta.

Vegetarian: Root vegetables instead of turkey.

Tuesday 3.10

Roasted chicken, cucumber salad, small parsley potatoes, chicken jus, flower compote, large cabbage salad.

Vegetarian: fried endive, with rye flour and sauce beurre blanc.

Wednesday, 4.10

Various tapas dishes, both cold and warm, fish and seafood

Vegetarian: Variations of vegetarian tapas.

The sweet tooth: Orange chocolate cake with mint syrup

Thursday 5.10

Pasta carbonara with Parmesan, vegetables and two composed salads. *Va bene?!*

Vegetarian pasta.

Friday, 6.10

Porchetta fried with potatoes and vegetables and garlic, remoulade on celery and mushrooms, green sticks and salad. *Basta cosí?!*

Vegetarian: Bean terrine instead of Porchetta.

Buon fine settimana per tutti!